

CONTRACT	AMENDMENT	<b>BFTWFFN</b>

Contract year October 1, 2009 to September 30, 2010

Deep East Texas Council of Governments and

**Polk County Senior Center** 

Congregate Meals Amendment per attached scope of services: Home Delivered Meals Amendment per attached scope of services: Participant Assessments Amendment per attached scope of services: Senior Center Operations per attached scope of services:

Attachment A:

John P. Thompson

Polk County Senior Center 602 East Church St. Suite #145

Livingston, Texas 77351

10-13-2009

Date

Holly Anderson Deep East Texas Area Agency on Aging 210 Premier Dr. Jasper, Texas 75951 Date

### **CONTRACT FOR**

### OLDER AMERICANS ACT PROGRAM

#### Attachment A:

### **CONTRACTOR SCOPE OF SERVICES:**

**Congregate Meals** 

14,724 Meals@ \$5.85 per meal= \$86,135.40 Estimated Total per contract Year

### **SERVICE DEFINITION:**

A hot or other appropriate meal served to an eligible person which meets one-third (1/3) of the recommended dietary allowances (RDA) as established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and complies with the Dietary Guidelines for Americans, published by the Secretary and the Secretary of Agriculture, and which is served in a congregate setting. There are two types of congregate meals:

Standard Meal – A regular meal from the standard menu that is served to the majority or all of the participants.

Therapeutic meal or liquid supplement – A special meal or liquid supplement that has been prescribed by a physician and is planned specifically for the participant by a dietician (e.g., diabetic diet, renal diet, pureed diet, tube feeding).

Unit of Service: One Meal

**Congregate Meals:** 

**ARRA Funded Congregate Meals** 

952 Meals @ \$5,569.20 Estimated Total per Contract Year.

### **CONTRACT FOR**

## **OLDER AMERICANS ACT PROGRAM**

#### Attachment A:

### **CONTRACTOR SCOPE OF SERVICES:**

#### HOME DELIVERED MEALS

14,016 Meals@\$4.95 per meal= \$69,379.20 Estimated Total per Contract Year

### **SERVICE DEFINITION:**

Hot, cold, frozen, dried, canned, fresh, or supplemental food (with a satisfactory storage life) which provides a minimum of 33½ percent of the dietary reference intakes established by the Food and Nutrition Board of the Institute of Medicine of the National Academy of Sciences and complies with the most recent Dietary Guidelines for Americans, published by the Secretary of Agriculture, and is delivered to an eligible participant in their place of residence. The objective is to reduce food insecurity, help the recipient sustain independent living in a safe and healthful environment. There are two types of home delivered meals:

Standard meal - A regular meal from the standard menu that is served to the majority or all of the participants.

Therapeutic meal or liquid supplement - A special meal or liquid supplement that has been prescribed by a physician and is planned specifically for the participant by a dietician (e.g., diabetic diet, renal diet, pureed diet, tube feeding).

Unit of Service: One Meal.

### HOME DELIVERED MEALS

**ARRA Funded Home Delivered Meals** 

1,016 meals @ \$4.95 per meal = \$5,029.20 Estimated Total per Contract Year

### **CONTRACT FOR**

## **OLDER AMERICANS ACT PROGRAM**

#### Attachment A:

### **CONTRACTOR SCOPE OF SERVICES:**

## SENIOR CENTER OPERATIONS

# 9 Months @ \$731.82 rate per month= \$6,586.38 Estimated Total Per Contract Year

The operation of community facilities where older individuals meet together to pursue mutual interests, receive services and/or take part in activities which will enhance their quality of life, support their independence, and encourage their continued involvement in and with the community.

Facility must be available to older individuals for a minimum of 5 hours per day, 5 days per week.

Unit of Service: N/A

# **CONTRACT FOR**

# OLDER AMERICANS ACT PROGRAM

### Attachment A:

## **CONTRACTOR SCOPE OF SERVICES:**

# PARTICIPANT ASSESSMENT

65 Complete Assessment @ 13.61 per year = \$ 884.65 Estimated Total Per Contract Year.

# **SERVICE DEFINITION:**

Activities directly related to the initial assessment and required reassessment of program Participants.

Unit of Services: One Contact. One complete Assessment or one complete re-assessment is one contact.